REGULATIONS

TO BE OBSERVED BY

TROOPS

FOR THE

WEST INDIES.

Great Britain and
Army K

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REGULATIONS

TO BE OBSERVED BY

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TROOPS

EMBARKED IN TRANSPORTS

FOR SERVICE ABROAD,

PARTICULARLY

BY THOSE DESIGNED FOR THE

WEST INDIES.

WAR-OFFICE PRINTED;

AND SOLD BY J. WALTER, AT HOMER'S HEAD,
CHARING-CROSS.

1795.

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War-Office, 10th October, 1795

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REGULATIONS, &c.

THE principal Objects are:

I. To guard againſt Accidents by Fire.

II. To preſerve the Health of the Troops by Cleanlineſs, Diſcipline, Regularity in Meſſing, and general Attention to the Treatment and Conduct of the Soldiers while on board.

FIRE.

A Sentry is conſtantly to be placed at the Caboose; or one on each Side, if the Number of Soldiers on board the

Veſſel are ſufficient; with Orders not to allow Fire of any Kind to be taken without Permiſſion.

The Commiſſioned Officers are to conſider it their eſpecial Duty, to ſee that, in Fumigating the Tranſports, every poſſible Prevention be uſed to guard againſt Accidents by Fire.

All Lights are to be extinguiſhed at Eight o'Clock at Night, except the Lights over which there may be Sentries; the Officers Lights to be extinguiſhed at Ten o'Clock, unleſs the Commanding Officer on board ſhould give his Permiſſion occaſionally for a longer Time. No Lights are to be ſuffered among the Men, except in Lanthorns.

No Smoaking to be allowed BETWEEN Decks.

FUMI-

FUMIGATION.

The frequent Fumigation of the Ship is deemed highly material, in order to prevent Miſchief from confined Air. The Materials for Fumigation may be Brimſtone, with Saw-duſt; or the Brimſtone may be thrown over hot Coals. Nitre, to which a little Vitriolic Acid is added; or common Salt, with the ſame Addition of Vitriolic Acid. Gun Powder wetted, or the heated Loggerhead in the Pitch Pot.

CLEANLINESS, &c.

The Men are to waſh their Feet every Morning, for which purpoſe there muſt be two Tubs of Salt Water in readineſs upon the Forecaſtle by Six o'Clock in the Morning; and again in the Evening.

They are to comb their Heads every Morning with a Small-tooth Comb; to be Shaved twice a Week at leaſt; and once or twice a Week in the Morning to waſh their Bodies all over: to put on clean Shirts twice a Week; and to have the Means of changing their Clothes when wet.

Great Attention is to be paid to the Cleanlineſs of the Privies; and Buckets of Water are to be thrown down frequently in the Day, to prevent the Soil from ſticking to the Sides of the Ships.

The Bedding is to be brought upon Deck every Morning, if the Weather will permit, by Seven o'Clock; and to be well aired, in conformity to the Regulations of the Tranſport Board.

The married People ſhould not be allowed, if it can be avoided, to make ſeparate Births *all over* the Ships, by hanging

hanging Blankets, which obſtruct the Circulation of the Air; but ſhould have adjoining Births in one Part of the Ship if poſſible; and, at all Events, the Women, as well as the Men, are to be moſt ſtrictly ſubject to the Order of getting up at Seven o'Clock A. M. when all their Partitions muſt be cleared away for the Day.

The Bedding being brought up, the Men are to proceed in ſweeping, ſcrubbing, and ſcraping the Births and Decks; but the Decks not to be waſhed oftener than once a Week, and then only when the Weather is dry: the Time of Fumigating between Decks, is to be immediately after the Cleaning of the Births; and again, if practicable, after each Meal; all the Dirt or Fragments of Victuals being previouſly removed by ſweeping.

The

The Boards of the lower Births to be removed once or twice a Week, to admit of cleaning under.

The Officer of the Watch is to be always preſent, and directing, at the cleaning of the Births, &c. and when the Dirt is all cleaned away, to report to the Commanding Officer, who will order the Men to get their Breakfaſt at Eight o'Clock.

A General Parade to take place at Nine o'Clock, when every Man muſt appear as clean as his Situation will allow; his Hands and Face waſhed, his Hair well combed.

At Dinner-time, the Officer upon Duty is to attend to ſee that the Men are regular at their Meſſes; that their Rum is mixed with at leaſt three Parts of Water

to

to one of Spirit; and ſhould he obſerve any Circumſtance of Neglect in Victualling the Troops, he is to report the ſame to the Officer commanding on board, who, if neceſſary, will make his Complaint thereupon, as alſo on any other Matters touching the Conduct of the Maſters of the Veſſels, to the Agent of Tranſports.

The greateſt Care is to be taken that the Coppers be well and regularly cleaned, both before and after Uſe.

The Men are to parade again at Half an Hour before Sun-ſet, quite clean, as to their Perſons.

Cooks to appear clean on Parade once a Day.

At Sun-ſet the Bedding is to be taken down.

At Eight o'Clock in the Evening every Man is to be in his Birth, except the Men on Watch: the Officer of the Watch to go round with a Lanthorn to ſee that the above has been complied with.

The whole to be divided into Three Watches, both Subaltern Officers and Men; the Watch gives all the Sentries, &c. &c.

A Captain of the Day to be appointed, to whom the Subaltern of the Watch will make his Reports; and the Captain to the Commanding Officer, if there be a ſuperior Officer on board.

The whole Watch to be always on Deck, except when Rain obliges them to go down for Shelter; and, in fine Weather, every Man ſhould be upon Deck the whole Day.

They

They are to be drilled as often as the Weather will permit; the Uſe of Shot as Dumb-bells, and any Diverſions calculated for the Purpoſe of bodily Exerciſe, ſhould be permitted as often as their other Duties will allow, as of the utmoſt Conſequence in maintaining the Health and Strength of the Men.

THE SICK.

The Surgeon or Mate is to examine the Men's Hands at Morning Parade; and to obſerve in general if there be any Appearance of Diſeaſe in any of them.

The Sick ſhould be ſeparated from thoſe in Health as much as poſſible; upon the firſt Appearance of any acute infectious Diſorder, the Signals to be made to

the Hoſpital Ship; and the diſeaſed Man removed to her.

Certain Articles of Diet being put on board each Tranſport, under the Name of Medical Stores, theſe are to be conſidered as intended ſolely for the Uſe of the Sick, or Convaleſcents; they are to remain in the Charge of the Maſter of the Tranſport, and only to be iſſued upon Demand in Writing made by the Surgeon from Time to Time as he ſhall judge proper; or, when there is no Surgeon, upon Demand of the Commanding Officer. And the Surgeon or Commanding Officer is to give the Maſter, at the End of the Voyage, a Certificate that his Demands for the ſaid Medical Stores have been made only upon proper Occaſions, and have not been expended for any other Uſe, than that of the Sick, or Convaleſcent.

It will be neceſſary for the Surgeon or Mate to guard the Men, when they get into a hot Climate, againſt Coſtiveneſs: and as, upon the firſt arrival of the Tranſports in the Weſt-Indies, a great Number of Canoes will probably come off with Fruit, Plantains, &c. generally very green and bad, the Soldiers ſhould not be allowed to buy ſuch Traſh, and ſhould only be ſupplied with Fruit and Vegetables under the Orders of the Officers, and by the Recommendation of Perſons acquainted with the Weſt-Indies.

If the Soldiers are cleanly, well meſſed, and attended to in the ſeveral Particulars above directed, every reaſonable Hope may be entertained of their Continuance in Health.

The foregoing Regulations cannot be ſo properly concluded as by moſt earneſtly recommending to the Officer commanding on board each Ship to cauſe Divine Service to be performed on every Sunday that the Weather will permit; ſelecting, where there is no Clergyman on board, an Officer whoſe Manners qualify him for that Duty. Independent of the ſtrong Reaſon which, in a religious View, demands the Diſcharge of ſo important and ſacred a Duty, the regular Performance of Divine Service has ever been found to produce and promote Cleanlineſs and good Order among the Soldiery.

The Inſtructions herein given for the Care of the Troops embarked in Tranſports being founded upon the concurrent Opinions of a Number of Officers, both Military

Military and Medical, of the beſt Judgement, and of the greateſt Experience, His Majeſty relies upon their being obſerved by every Officer and Soldier with the ſtricteſt Attention.

Given at the WAR-OFFICE this 10th Day of *October*, 1795.

BY HIS MAJESTY'S COMMAND,

W. WINDHAM.